

# Pine Barren Modelers R/C Club



Aug 2017

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## Club Officers

President—Rich Bombardier  
Vice President—Ron Pinksaw  
Treasurer—Ralph Ferrara  
Secretary—Micki Bowne  
Safety Officer—Pat Lovenstein

## Short Bursts

- ▶ Next meeting is 2 August 2017, 7:30 P.M., at the Barnegat Rec Center.
- ▶ Don't forget our Float Fly on 26 August! If you aren't going to be flying, come on out and support the club by helping.
- ▶ If you've never been to Rhinebeck Aerodrome, you're missing a real treat. Dick Allen, owner of the farm the NJ Pine Barons fly from, is running a bus to Rhinebeck in October. Fee includes the bus, plus admissions to the air show (which includes pumpkin bombing!) and the Rhinebeck Museum.

## Contact Us:

For General Club Information  
contact our secretary:  
Micki Bowne  
mickipbm@comcast.net

For newsletter, website,  
classified ads, or any other  
club information, contact  
our secretary: Micki Bowne  
mickipbm@comcast.net

You can also mail or phone  
us at:

Pine Barren Modelers  
P.O. Box 277  
Barnegat, NJ 08005  
(609) 891-8080

## From the President's Desk

August 2017

### Message From The President

Well, summer is half over and it seems to be flying by (no pun intended)! It seems that our Water Fun Fly is gaining some attraction and hopefully will be a big success. It's going to also take a lot of help from everyone in the club in order to insure a successful and fun event. If you don't have a plane with floats, you will need to hurry up and purchase one if you wish to join in on the fun. Final details will be discussed at the August meeting, so be sure to be there.

The new field is not moving as fast as we had hoped due to the Berkeley Township Public Works being extremely busy. It doesn't look like it will be completed by the end of the summer as we had hoped. There is still some additional clearing that needs to be completed, then the R-blend needs to be brought in and spread. A big thank you to Kenny Jecas for bringing to my attention that Barnegat Township had recently replaced Astroturf at one of their football fields. I had contacted the township and working with the Barnegat Recreation department, they have agreed to donate the turf to our new field. This is very exciting and can't wait to have it installed on our runway. If anyone has the use of a tractor and trailer so that we can transport the turf to Berkeley Public works for storage, please contact me.

We had a nice little showing at the annual Warbirds over Delaware and wish to thank all that were able to make it. Although the show was not as good as in the past, it was still a lot of fun hanging out with all those that manage to make the trek.

Stay cool and happy flying!

Richard Bombardier



## Meeting Highlights 5 July 2017

### Field Reports:

Coyle: The runway is in great shape although there are a few tire tracks. Rich B. will check with John Wimberg, field manager, regarding mowing the areas around the runway.

Brick Wall: The runway is in great shape. The generator and propane stove were stolen from the locked storage box. Rich B. suggested the club wait until we have access to our new field to install a good storage shed. We will replace the generator at that time.

### Safety Report: Pat Lovenstein

No incidents. Pat reminded the members that when flying, you should have a spotter. Also, don't forget to check your equipment, especially the batteries.

### Old Business:

Ralph F. reported that we have plenty of club t-shirts in stock. If you want another clothing item, such as a jacket, you can place an order with Ralph.

Rich B. reported that the new field will be graded and the swamp filled. The grant money has been approved, so a work day will be scheduled.

We had a great club turnout for the June 21<sup>st</sup> Lacey Township Special Needs event. Thanks to all those who helped.

You can still purchase raffle tickets for the Phoenix Models Genesis. Drawing will be at the club picnic on September 10<sup>th</sup>. You **must** be there to win.

The club still needs a recording secretary for 2018.

September 9<sup>th</sup> is Berkeley Pride Day in Bayville. We will have a static display from 10:00 – 4:00.

PBM annual picnic is September 10<sup>th</sup> at Veterans' Park in Berkeley Township. The club will supply the main course. Everyone is asked to bring a side dish. There will be a signup sheet at the August meeting.

Club members will keep looking for a heavier roller, as we may need it for the new flying site.

Warbirds Over Delaware is July 15<sup>th</sup>. A group of club members will be leaving at 7:30.

There is no new information regarding the Coyle Field land lease.

The website calendar has been updated. There will be further information from Karl Jessen regarding the band search for our club page.

Our Float Fun Fly is August 26<sup>th</sup>. Rich B. purchased plastic cardboard yard signs for \$149 for 10. The landing fee is \$5 for guest flyers and club members.

September 30<sup>th</sup> is Lacey Day.

### New Business:

Beachwood Family Night is July 31<sup>st</sup> from 6:00 – 9:00 at the Surf and Birch Park.

Rich B. will purchase about 12 gallons of fuel for club members, both 2 and 4-stroke. Contact Rich for more information.

The PBM Christmas Party is December 9<sup>th</sup> at Calloway's in Waretown.

### Model(s) of the Month:

None

From the responses we've seen on R/C Groups, our upcoming Float Fly has attracted a lot of attention! We posted it in two locations; Electric Flying Events and the Water Planes forum (about halfway down the list). This is the first chance we Pine Barren Modelers have had to show off how great our club is in many years. So, let's put on a good meet – come, volunteer some time, and help out. We may even make a profit, which will help keep the dues down as we turn the Lacey field into a great flying site!

## Heat emergencies

### Definition

Heat emergencies or illnesses are caused by exposure to extreme heat and sun. Heat illnesses can be prevented by being careful in hot, humid weather. Also known as Heatstroke or Heat Illness.

### Causes

Heat injuries can occur due to high temperatures and humidity. You are more likely to feel the effects of heat sooner if:

You are not used to high temperatures or high humidity

You are a child or an older adult

You are already ill from another cause or have been injured.

You are obese

You are also exercising (even a person in good shape can suffer heat illness if warning signs are ignored)

These make it harder for the body to regulate the temperature, and make a heat emergency more likely:

Drinking alcohol before or during exposure to heat or high humidity

Not drinking enough fluids when you're active on warmer or hot days

Heart disease

Certain medicines: Examples are beta blockers, water pills or diuretics, some medicines used to treat depression, psychosis, or ADHD

Sweat gland problems

Wearing too much clothing

### Symptoms

Heat cramps are the first stage of heat illness. If these symptoms are not treated, it can lead to heat exhaustion and then heatstroke.

Heat stroke occurs when the body is no longer able to regulate the temperature, and it keeps rising. Heatstroke can cause shock, brain damage, organ failure, and even death.

Early symptoms of heat cramps include:

Very heavy sweating

Fatigue

Thirst

Muscle cramps and pains (most often in the legs or abdomen)

Later symptoms of heat exhaustion include:

Headache

Dizziness

Light-headedness

Weakness

Nausea and vomiting

Cool, moist skin

Dark urine

**For the following symptoms of heatstroke, call 911 or the local emergency number right away:**

Fever (temperature above 104 °F)

Irrational behavior

Extreme confusion

Dry, hot, and red skin

Rapid, shallow breathing

Rapid, weak pulse

Seizures

Unconsciousness

## **First Aid:**

If you think a person may have heat illness or emergency:

Have the person lie down in a cool place. Raise the person's feet about 12 inches.

Apply cool, wet cloths (or cool water directly) to the person's skin and use a fan to lower body temperature. Place cold compresses on the person's neck, groin, and armpits.

If alert, give the person a beverage to sip (such as a sports drink), or make a salted drink by adding a teaspoon of salt per quart of water. Give a half cup every 15 minutes. Cool water will do if salt beverages are not available.

For muscle cramps, give beverages as noted above and massage affected muscles gently, but firmly, until they relax.

### **Call 911 and give first aid (as needed) if the person shows signs of:**

shock

bluish lips and fingernails

decreased alertness

seizures

losing consciousness

### **Call 911 if:**

The person loses consciousness at any time

There is any other change in the person's alertness (for example, confusion or seizures)

The person has a fever over 102 °F

Other symptoms of heatstroke are present (like rapid pulse or rapid breathing)

The person's condition does not improve, or worsens despite treatment

### **Do Not:**

Do NOT give the person medications that are used to treat fever (such as aspirin or acetaminophen). They will not help, and they may be harmful.

Do NOT give the person salt tablets without mixing the salt with water.

Do NOT give the person liquids that contain alcohol or caffeine. They will make it harder for the body to control its internal temperature.

Do NOT use alcohol rubs on the person's skin.

Do NOT give the person anything by mouth (not even salted drinks) if the person is vomiting or unconscious.

### **Prevention:**

The first step in preventing heat illnesses is thinking ahead.

Find out what the temperature will be for the whole day when you will be outdoors.

Think about how you have dealt with heat in the past.

Make sure you will have plenty of fluids to drink.

Find out if there is shade available where you are going.

Learn the early signs of heat illness.

### **To help prevent heat illnesses:**

Wear loose-fitting, lightweight and light-colored clothing in hot weather.

Rest often and seek shade when possible.

Avoid exercise or heavy physical activity outdoors during hot or humid weather.

Drink plenty of fluids every day. Drink more fluids before, during, and after physical activity.

Be very careful to avoid overheating if you are taking drugs that impair heat regulation, or if you are overweight or elderly.

Be careful of hot cars in the summer. Allow the car to cool off before getting in.

**Never** leave a child sitting in a car exposed to the hot sun, even after opening windows.

Source: [Heat emergencies | University of Maryland Medical Center](http://umm.edu/health/medical/ency/articles/heat-emergencies#ixzz3c5eVQ2vQ) <http://umm.edu/health/medical/ency/articles/heat-emergencies#ixzz3c5eVQ2vQ> University of Maryland Medical Center

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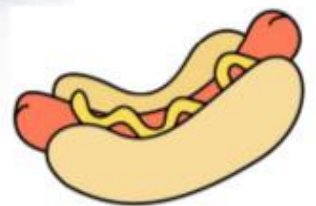
Deerhead Lake Park  
(SE end of Deerhead Lake)  
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Food!



Public  
Restrooms!

August 26, 2017  
8:00 am - 4:00 pm  
Sign in starts at 8:00 am  
Flying starts at 9:00 am



\$5.00 Landing fee - includes lunch!

Check out our website's events calendar at: <http://pbm1727.org/>

Contact Information: Richard Bombardier  
856-266-1903

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